



Autumn Term 2 2024

Week 1 Menu - 11/11, 02/12



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Wholemeal Pasta bolognaise bake	Sausage Plait and new potato	Roast Turkey with Sage & Onion, Rost Potatoes & GF Gravy	DF & GF Lasagne with garlic bread	Fish Cake & Chips
Option 2	Italian soya and vegetable wholemeal bake	Vegan sausage and new potato	Spinach cheese, mushroom wellington, roast potatoes & gf Gravy	DF & gluten free vegetable lasagne with garlic bread	Vegetable Burger
Option 3	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese
Option 4	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert	Jam Lamintons with custard	Mixed berry cake	Peach crumble and custard	Chocolate cake	Fruit cocktail with evapourated milk

ALL MENU ITEMS ARE SUBJECT TO AMENDMENT DEPENDING ON SEASONAL AVAILABILITY

Chilled water is available throughout lunch. Bread, fresh fruit & yoghurts are available from the counter daily.

Any dietary requests and allergies must be notified to reception in advance to enable us to cater accordingly. The kitchen is a NUT FREE area. The Milestone School is committed to providing our pupils with freshly prepared and nutritionally balanced, tasty dishes that comply with the School Food Trust standards.

ALLERGY INFORMATION - Dairy Free, Gluten Free, Egg Free and Vegetarian options are available if requested. All relevant information is available by asking at reception.





Autumn Term 2 2024

Week 2 Menu - 18/11, 09/12



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Italian meatballs with wholemeal rice	Turkey Fricassee and Noodles (separate)	Roast Pork with Roast Potatoes & GF Gravy	Chicken, Mushroom and Vegetable Pie	Fish Wich & Chips
Option 2	Italian wholemeal vegetable rice	Butternut Squash and Lentfil Fricassee with Noodles (separate)	Quorn Roast with Roast Potatoes & GF Gravy	Curried Falafel with wholmeal rice	Quorn Dippers & Chips
Option 3	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese
Option 4	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert	Banana and sultana cake with custard	Pineapple upside cake	Chocolate Shortbread	Fruit Crumble & Custard	Rice crispy cake

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Week 3 Menu - 04/11, 25/11 & 16/12



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Sausage with sweet potato mash	Shepherdess hot pot	Roast chicken with GF gravy	Wholemeal GF Quesdilla with chilli con carne and wholemeal rice	Salmon Fish Fingers with chips
Option 2	Vegan sausage with sweet potato mash	Vegetable and lentil shepherdess hot pot	Quorn Roast, Roast Potatoes & Gravy	QF Quesidilla with Soya Chilli and Wholemeal Rice	Southern fried Vegan Nuggets and Chips
Option 3	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese
Option 4	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert	Courgette and carrot cake with custard	Eves Pudding	Fruit Cake	Jam Lattice with Custard	Fruity Jelly

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