



# Summer 2024

Week 1 Menu - 08/04, 29/04, 20/05, 17/06, 08/07



|                   | MONDAY  | TUESDAY                                       | WEDNESDAY  | THURSDAY   | FRIDAY  |
|-------------------|---|---|--|--|---|
| <b>Option 1</b>   | Wholemeal Pasta bolognaise bake               | Sausage Plait and new potato                  | Roast Turkey with Sage & Onion, Rost Potatoes & GF Gravy       | DF & GF Lasagne with garlic bread                    | Fish Cake & Chips                             |
| <b>Option 2</b>   | Italian soya and vegetable wholemeal bake     | Vegan sausage and new potato                  | Spinach cheese, mushroom wellington, roast potatoes & gf Gravy | DF & gluten free vegetable lasagne with garlic bread | Vegetable Burger                              |
| <b>Option 3</b>   | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese                  | Jacket Potato with Beans / Tuna Mayo / Cheese        | Jacket Potato with Beans / Tuna Mayo / Cheese |
| <b>Option 4</b>   | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette                  | Ham / Tuna Mayo / Cheese Sandwich or Baguette        | Ham / Tuna Mayo / Cheese Sandwich or Baguette |
| <b>Vegetables</b> | Seasonal Vegetables                           | Seasonal Vegetables                           | Seasonal Vegetables  | Seasonal Vegetables                                  | Seasonal Vegetables                           |
| <b>Dessert</b>    | Jam Lamintons with custard                    | Mixed berry cake                              | Peach crumble and custard                                      | Chocolate cake                                       | Fruit cocktail with evapourated milk          |

ALL MENU ITEMS ARE SUBJECT TO AMENDMENT DEPENDING ON SEASONAL AVAILABILITY

Chilled water is available throughout lunch. Bread, fresh fruit & yoghurts are available from the counter daily.

Any dietary requests and allergies must be notified to reception in advance to enable us to cater accordingly. The kitchen is a NUT FREE area. The Milestone School is committed to providing our pupils with freshly prepared and nutritionally balanced, tasty dishes that comply with the School Food Trust standards.

ALLERGY INFORMATION - Dairy Free, Gluten Free, Egg Free and Vegetarian options are available if requested. All relevant information is available by asking at reception.





## Summer 2024

Week 2 Menu - 15/04, 06/05, 03/06. 24/06, 15/07



|                   | MONDAY  | TUESDAY  | WEDNESDAY                                     | THURSDAY                                      | FRIDAY  |
|-------------------|---|--|---|---|---|
| <b>Option 1</b>   | Italian meatballs with wholemeal rice         | Turkey Fricassee and Noodles (separate)                        | Roast Pork with Roast Potatoes & GF Gravy     | Chicken, Mushroom and Vegetable Pie           | Fish Wich & Chips                             |
| <b>Option 2</b>   | Italian wholemeal vegetable rice              | Butternut Squash and Lentfil Fricassee with Noodles (separate) | Quorn Roast with Roast Potatoes & GF Gravy    | Curried Falafel with wholmeal rice            | Quorn Dippers & Chips                         |
| <b>Option 3</b>   | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese                  | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese |
| <b>Option 4</b>   | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette                  | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette |
| <b>Vegetables</b> | Seasonal Vegetables                           | Seasonal Vegetables  | Seasonal Vegetables                           | Seasonal Vegetables                           | Seasonal Vegetables                           |
| <b>Dessert</b>    | Banana and sultana cake with custard          | Pineapple upside cake  | Chocolate Shortbread                          | Fruit Crumble & Custard                       | Rice crispy cake                              |

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# Summer 2024



Week 3 Menu - 22/04, 13/05, 10/06, 01/07

|                   | MONDAY  | TUESDAY                                       | WEDNESDAY                                     | THURSDAY  | FRIDAY  |
|-------------------|---|---|---|---|---|
| <b>Option 1</b>   | Sausage with sweet potato mash                | Shepherdess hot pot                           | Roast chicken with GF gravy                   | Wholemeal GF Quesdilla with chilli con carne and wholemeal rice | Salmon Fish Fingers with chips                |
| <b>Option 2</b>   | Vegan sausage with sweet potato mash          | Vegetable and lentil shepherdess hot pot      | Quorn Roast, Roast Potatoes & Gravy           | QF Quesidilla with Soya Chilli and Wholemeal Rice               | Southern fried Vegan Nuggets and Chips        |
| <b>Option 3</b>   | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese | Jacket Potato with Beans / Tuna Mayo / Cheese                   | Jacket Potato with Beans / Tuna Mayo / Cheese |
| <b>Option 4</b>   | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette | Ham / Tuna Mayo / Cheese Sandwich or Baguette                   | Ham / Tuna Mayo / Cheese Sandwich or Baguette |
| <b>Vegetables</b> | Seasonal Vegetables                           | Seasonal Vegetables                           | Seasonal Vegetables                           | Seasonal Vegetables   | Seasonal Vegetables                           |
| <b>Dessert</b>    | Courgette and carrot cake with custard        | Eves Pudding                                  | Fruit Cake                                    | Jam Lattice with Custard  | Fruity Jelly                                  |

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